

► **Multnomah Days festival and parade photo essay**  
– Page 8



► **Hillsdale contract post office closes after 25 years**  
– Page 4



► **Three sports show great potential at Wilson High School this year**  
– Page 7



# The Southwest Portland Post

Volume No. 24 Issue No. 11

www.swportlandpost.com

Portland, Oregon

Complimentary

September 2016

## City staff and neighbors take walking tour of Southwest Capitol Highway

By Erik Vidstrand  
The Southwest Portland Post

In late July, nearly 40 invested citizens, four babies, two dogs, and this reporter, took a walking tour along the mile-long stretch of Southwest Capitol Highway between Taylors Ferry Road and Garden Home Road.

Chris Lyons, Multnomah transportation chair, organized the event after he and his ad hoc Capitol Highway Committee lobbied the city for improvements.

The Fixing Our Streets Fund, a temporary increase in the gas tax passed by voters in May, will partially finance the project. Although the total cost is over \$12 million, approximately \$9 million will be available.

Portland Bureau of Transportation project manager Steve Szigethy and Bureau of Environmental Services stormwater systems manager Dawn Uchiyama headed the tour with several other city staff.

Szigethy and Uchiyama are

coordinating transportation and stormwater improvements on this stretch of road.

“At this early stage of design,” said neighbor Marianne Fitzgerald, “the city is working with citizens to design the project and identify potential additional sources of funding.”

The tour began at the Barbur Transit Center then proceeded to Taylors Ferry Road across from Walgreens.

“In order for us to access the transit center, we need a safe way to cross Barbur,” said Betty, a longtime resident. “It would also be nice if the traffic signals were synchronized at this intersection [Barbur Boulevard



Some 40 neighbors and city staff gather at the corner of Alice Street during the Capitol Highway tour. (Post photo by Erik Vidstrand)

and Capitol Highway].”

Lyons noted the Capitol Highway project needs to extend to Barbur

Boulevard (Highway 99W) in order to get state transportation funding from  
(Continued on Page 3)

## Controversy continues over planned ‘gathering space’ in Spring Garden Park

### MULTNOMAH NOTEBOOK

By Erik Vidstrand  
The Southwest Portland Post

At last month’s meeting of the Multnomah Neighborhood Association, the debate about the “gathering space” slated for Spring Garden Park lasted nearly an hour. Over 45 people attended the August 9 meeting.

Park community liaison Elizabeth

Kennedy-Wong and project manager Travis Ruybal were invited to go over the development process. Unresolved issues at the July neighborhood meeting sparked the request.

Staff reiterated that the entire process had been vetted over the past year. Staff canvassed the neighborhood with flyers, put signs up at the park, and posted social media.

But the controversy lies with a cement pad, or amphitheater, as the neighbors have called it. It does not sit well with nearby residents who feel the process was not transparent enough.

Neighbors are also not pleased with predicted noise due to a proposed electrical outlet most likely opening up revenue generating rentals from bands, parties, and other events on the pad.

Ruybal shared the latest rendition of the park depicting the approximate 400 square foot concrete pad, turf, and seating walls. According to the park website, he said, this area will better accommodate movies in the park and provide an additional gathering space for learning and interpretation of an adjacent stream

daylighting project.

“It has a two-foot retaining wall,” Ruybal pointed out. “We understood the intent of this area was mostly to appease to teens who requested an area for them.”

“It was in response from the PAC (project advisory committee),” Kennedy-Wong added. “I’m not sure where the words ‘amphitheater’ or ‘amplification’ came from. The electricity outlet is for plugging in the projector.”

An audience member said other parks that have amphitheatres and electricity have major setbacks away from homes.

It wasn’t until most recently that the minutes of a January 29 park advisory committee meeting suddenly appeared after questions about its whereabouts came from The Post.

Those notes state that the project manager had asked “if there are other design elements that need to be changed, this is the time to give your opinions.”

No other issues were raised by those present.

Residents most impacted by the decision were at the association meeting. Hannah Davidson, Ken Boltz, and Chris Powers all expressed various concerns about the city’s process.

“I never agreed to that,” responded Davidson, “and I was at the January meeting.”

One woman said if it wasn’t for the newspaper article in *The Post*, she would have never known about the controversial pad. She said no one at the city ever reached out to her.

“I was brought here to discuss the process only,” Kennedy-Wong repeated, “not other issues.” But it was Ruybal who had the final word.

“If this goes away,” he said pointing to the amphitheater pad, “you’d all be happy?”

A large cheer resounded in the room. Kennedy-Wong disagreed with her colleague that this would need to be decided upon by a committee process. And with that, the two left 55 minutes after they had begun.

Weeks later, Hun Taing, the community engagement coordinator,  
(Continued on Page 3)

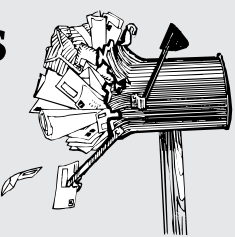


Travis Ruybal, Spring Garden Park project manager, reviews the master plan at the Multnomah Neighborhood Association meeting on August 9. (Post photo by Erik Vidstrand)

Don't forget to renew your subscription. Form on Page 2.

The Southwest Portland Post  
4207 SE Woodstock Blvd #509  
Portland, OR 97206

# Letters to the Editor



The Southwest Portland Post  
4207 SE Woodstock Blvd #509  
Portland, OR 97206  
Fax: (866) 727-5336  
email: editor@multnomahpost.com

## Spring Garden Park should not be subject to noise of amplified music

Regarding, "Neighbors concerned about proposed amphitheater in Spring Garden Park," by Erik Vidstrand, *The Post*, August 2016.

I'm writing regarding the inclusion of a paved amphitheater with electric hookups to the proposed "improvements" to Spring Garden Park.

I am a former resident of the

surrounding neighborhood and am astounded to hear of such a proposal.

Spring Garden Park is a quiet, open green space, and as such deserves protecting for that alone. Portland has many, many venues for amplified music; a small park in a quiet neighborhood should not be among them.

There is little parking in the area, for one thing, and most visitors walk to this park. I do not imagine teenagers, for whom this particular feature has been

touted, will be walking in with their amplifiable instruments.

People who visited the park when I lived there walked their dogs, picked blackberries, had quiet picnics in the grass and sledded occasionally in the winter.

If amplified music is a possibility in our green spaces going forward I predict there will be much more local resident opposition to Portland Parks and Recreation development in the future.

Noise pollution is difficult enough to avoid in our urban environment; it is no small issue that this proposal includes such an outlier of a feature.

I do not feel it is appropriate for this or any small green space with adjacent housing where residents will be held captive to whatever noise emanates.

Michele Dickson  
Portland

## Garden Home reader wonders what happened to his right to sunlight

Regarding, "Giant cedar tree in Multnomah Village cut down in July," letter with photos from Stewart Rounds, *The Post*, August 2016.

In Stewart Rounds' letter published in your August edition, he said "These grand old trees are a wonderful feature of this place" in reference to the 60-year-old ornamental landscape tree that was recently felled in his neighborhood.

A tree that was likely planted when the house was originally landscaped following construction in the mid-1950s. Hardly a "heritage tree" by my estimation. Still, a nice big tree.

It's easy to make demands about other's property when you have no  
*(Continued on Page 3)*

### CORRECTION

Regarding, "Park bureau and school district continue to test lead levels in drinking water," by Jack Rubinger, *The Post*, August 2016.

As soon as the Portland Parks and Recreation director and commissioner-in-charge became aware there had been previous water testing at the Multnomah Arts Center, which showed some fixtures had lead levels above the Environmental Protection Agency's actionable threshold, the parks bureau closed off access to Multnomah Arts Center drinking fountains.

Mark Ross  
Media Relations  
Portland Parks & Recreation

**Healing Touch Massage**  
Dorothy Cundall, LMT, CNA, MA; LIC #5316  
Energy healing • reiki • therapeutic massages • reflexology •  
pranic healing • care facilities  
Holiday Specials • Gift Certificates • Visa & Mastercard  
3836-B SW Hall Blvd  
503-740-3670 or 503-629-5187

**SPORTS MASSAGE**  
Get relief from chronic pain, reduce stress, & sleep better  
Advanced Massage Therapy #3927  
David Klick LMT • Experienced Treatments  
503.977.3454 www.advancedlmt.com

**GOOD NEIGHBOR PHARMACY**  
be well ... and well informed  
**Bowman's Hillsdale Pharmacy**  
6256 SW Capitol Hwy.  
503-244-7582  
email: pharmacy@hillsdalerx.com  
• Flu shots available  
• Blisters? We can help  
• Experienced compounding pharmacists  
www.mygnp.com

**BLUE RIBBONS AT THE 2016 OREGON STATE FAIR...**

CROCHETED OVEN MITTS, CHRISTMAS THEME  
NIGERIAN DWARF GOAT, JUNIOR DIV.  
O.G. PURPLE URKLE STANK, SATIVA

Check us out on Facebook  
**DAIRY ICE HILL**  
DAIRY HILL BRAND™ ICE CREAM • PORTLAND, OR  
We have custom ice cream cakes and ice cream sandwiches for your next event.  
Open from 11am-10pm, 7 days a week, 6352 SW Capitol Hwy., 503-246-2374

## Post resumes subscriptions, offers half price sale



We're resuming our mail subscription program and we want you to benefit. Get *The Southwest Portland Post* delivered to your mailbox every month and save 50 percent! Makes a great gift! Mail us a check or money order or call 503-244-6933 with your credit or debit card. We accept Visa, MasterCard, American Express, and Discover.

- One year (12 monthly issues)..... \$12 (reg. \$24)
- Two years (24 monthly issues)..... \$24 (reg. \$48)
- Three years (36 monthly issues)..... \$36 (reg. \$72)

Please send check or money order to:



Subscriptions, *The Southwest Portland Post*,  
4207 SE Woodstock Blvd #509, Portland, OR 97206.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
E-mail \_\_\_\_\_

## The Southwest Portland Post

4207 SE Woodstock Blvd #509, Portland, OR 97206

Phone: (503) 244-6933; Fax: (866) 727-5336  
general email: news@multnomahpost.com  
web address: www.swportlandpost.com

Editor & Publisher.....Don Snedecor  
Reporters / Writers.....KC Cowan, Jack Rubinger,  
Erik Vidstrand  
Copy Editor.....Janet Goetze  
Advertising Sales.....Don Snedecor  
Graphic Design.....Leslie Baird Design  
Printing.....Oregon Lithoprint  
Circulation.....Rick Hepper



© 2016 by The Southwest Portland Post. All rights reserved. The opinions of the artists and authors contained herein are not necessarily shared by the publisher. Deadline for news and advertising is generally the 20th of the month prior to publication. Please call for current deadline information. Advertising rates are available upon request.

The Post has a circulation of 7,000 in Multnomah Village and the surrounding neighborhood business districts including Burlingame, Capitol Hill, Garden Home, Glen Cullen, Hillsdale, South Portland, Raleigh Hills, West Portland and Vermont Hills. The Post is published on or about the 1st of every month. Back issues are \$2.50 each when available. All major credit cards accepted.



The Post is printed on recycled newsprint using soy-based inks.

**LETTERS TO THE EDITOR**

*(Continued from Page 2)*

investment at stake. So much easier to claim community ownership of someone's trees, so why invest in, purchase to own and maintain? But now on to the bigger question, the *right to sunlight*.

I am an Oregon woodland owner and understand the value of trees in an ecosystem for shade, clean air and water, habitat, wood products and aesthetics.

Oregon is a forested state with multi-use forestry practices and progressive environmental policies.

The City of Portland has also encouraged gardens, local food production, consumption, and alternative energy. But has the urban-tree loving community considered and addressed the potential conflict with these other values?

Over the past decades I have given up gardening on my Garden Home lot and my fruit trees don't ripen now because of the oversized landscaping trees in neighboring yards.

The [trees] have grown and now block 70 percent of my direct sunlight. Along with the unwanted shade, I must now rake non-native pin oak leaves (from September to May) while the tree owners care little about yard work.

When I investigated solar electric panels for my roof, I was told, "too much shade from neighboring tree."

So now, after 40 years of yard planning, I have a house that mildews in the shadows, fruit that can't ripen, and a perfectly angled roof made unsuitable for solar panels. All because of overgrown landscape trees beyond my control.

I share Mr. Rounds' distress over the region's tree management policies, but clearly for different reasons.

Gary Orehovec  
Garden Home

**Capitol Highway Tour**

*(Continued from Page 1)*

the legislature.

"Legislators are willing to push for this project," Lyons remarked, "but it needs to be associated with a state highway."

As the tour continued, periodic stops drew discussions around parking availability, tree loss, and water runoff. Some of the homes have fences and privacy shrubs in the city's right-of-way.

"These homeowners should not be alarmed when the city comes through with their final plans," one city staffer said. "There's some encroachment and everything will need to be negotiated."

"Some places will need to have a pinch point in some areas due to lack of available land to work with," city staffer Matt Brown said as he pointed to a steep driveway and gully.

As the tour continued, staff diligently listened to concerns, although from this reporter's viewpoint, no one seemed to be taking notes. Marianne Fitzgerald later submitted her notes of the group's observations which were sent to the group listserv.

Speeding traffic was brought up several times.

"Could a speed reader board be installed?" suggested a homeowner.

Szigethy said with the upcoming highway study, this could be a short-term fix for slowing vehicles.

At Alice Street, a local improvement district was introduced as creating side projects that feed into the highway.

"This involves all the neighbors agreeing and paying for a set of improvements for their street," Szigethy explained.

Uchiyama, of the environment bureau, noted the many unimproved side streets and getting stormwater to the streams.

"BES will need to take a look at these streets and the type of system needed for better stormwater management."

At Marigold Street, intersections, crosswalks, bus stops, and road striping were discussed. Szigethy stated that there are various levels of creating safe crossings from yellow striping to

flashing beacons to traffic lights.

"Every intersection will be analyzed and assessed," Szigethy assured the crowd. "Several bus stops may be removed for safety concerns but will be left up to TriMet."

Almost everyone agreed that only one sidewalk would be proposed and that it would be located where the goat trail exists on the east side of Capitol Highway.

"This makes sense," said Lyons. "It's on the same side as access to the transit center and the viaduct sidewalk."

Bicyclists in the group chimed in about bike lanes. Most want one on each side of the street and they dislike shared bicyclist and pedestrian lanes. An example of one is on Multnomah Boulevard near the former Sears Armory.

The rest of the tour reviewed additional shrubs, parking issues, and clogged drains. Stormwater issues are more prevalent as the shoulder is steeper and many homes have suffered flooding.

"We're still at the beginning of the process," Szigethy said. "Chris Lyons will use his email list to keep people informed and the city will be setting up a website."

"In order to continue to utilize the knowledge of our group and solicit our preferences on the project," Lyons announced, "the city will use our committee as a non-appointed project advisory group."

The city will present concept designs this fall along with an open house. Groundbreaking on the project is expected in late 2018.

To be kept informed of the Capitol Highway project, please email [chrislyons7@yahoo.com](mailto:chrislyons7@yahoo.com).

**Spring Garden Park**

*(Continued from Page 1)*

wrote the neighborhood listserv that a new meeting would be taking place.

"The scope of the discussion is limited to the gathering area," she wrote. "More specifically, Travis (Ruybal) plans to present three design options for the gathering area for the public to consider: leave the design as is, remove the concrete pad, or remove the concrete pad and wall leaving a grassy bowl."

Taing said that the purpose of the meeting is to provide a space for the community members to hear each other and get public feedback on the design options.

The park meeting will be held on Tue., Sept. 20 from 5:30 to 7:30 p.m. at the Spring Garden Park community gathering area. Even this decision seemed to not sit well with some neighbors.

"I think the [Multnomah Neighborhood Association] and [Southwest Neighborhoods, Inc.] are saying the park is not an appropriate place for the meeting," Boltz said in a letter to *The Post*. "I still hope to meet with the parks department and have an agreed upon method for the decision process for the meeting."

*For those who cannot attend, visit the project website <http://www.portlandoregon.gov/parks/67420> and fill out a comment form regarding preferences for the gathering area.*



**What do you think?  
Southwest  
Corridor  
light rail project**

- PORTLAND
- TIGARD
- TUALATIN

**Open house**

Thursday, Sept. 22  
6 to 8 p.m.

Wilson High School  
cafeteria

1151 SW Vermont St,  
Portland

The Southwest Corridor project is a proposed 12-mile light rail MAX line that would connect SW Portland, Tigard and Bridgeport Village.

This fall the project will begin 12-15 months of federal environmental review and your input matters to help staff determine what issues to study.

Visit [www.swcorridorplan.org](http://www.swcorridorplan.org).  
**Online survey open month of September**

Esta es una notificación de su oportunidad para comentar sobre los posibles cambios en el tránsito cerca de su domicilio.

Đây là thông báo về cơ hội của quý vị được trình bày ý kiến về những thay đổi có thể xảy ra đối với việc chuyên chở công cộng ở gần quý vị.

**OREGON SCHOOL of MASSAGE**  
*Explore a Community Education Class ~*

**Natural Vision Improvement & Self Healing**  
Sep 10-11, \$325  
Sat-Sun 10am-5:30pm

*Make relaxation your career ~*  
**Fall Term begins September 26th**

9500 SW Barbur Blvd. #100  
Portland, OR 97219  
503-244-3420 or 1-800-844-3420  
[www.OregonSchoolofMassage.com](http://www.OregonSchoolofMassage.com)

**HOUSING WANTED**  
**by October 31**  
*I would like a quiet, clean, comfortable place to live.*  
**Prefer detached ADU, small home, or spacious studio.**  
**Qualified landlords please call Neal @ 503-245-8148**

- I am a quiet, creative, retired, 66 year-old male.
- I have a Section 8 voucher for monthly rent.
- I have paid rent on time for 19 years straight.
- I have guaranteed income: SS, voucher.
- I have a landlord testimonial and character references.
- My landlord suffered brain damage.
- The family needs my current basement apt for a caregiver.

**Are you a prideful landlord who wants a sterling tenant?  
Please call Neal at 503-245-8148 (Portland).**

**THE COUNTRY STORE**

By Erik Vidstrand  
The Southwest Portland Post

**Eye Care Northwest opens in Multnomah Village**

A new medical care business has opened in the Meals on Wheels building

in Multnomah Village. Located at 7724 SW 31st Ave, Eye Care Northwest is open 9 a.m. to 5 p.m. Monday through Friday and 9 a.m. to noon on Saturdays.

Eye Care Northwest offers a state-of-the-art medical practice for individuals with traumatic eye injuries, embedded foreign bodies, or cancers.

Karen Winchester, M.D., has been practicing comprehensive ophthalmology in the Portland area for over 18 years and just recently opened her business.

"My practice includes routine eye exams," Dr. Winchester said. "I also treat a wide variety of conditions such as glaucoma, diabetic retinopathy, cataracts, and macular degeneration."

Dr. Winchester earned her medical degree from the University of Pennsylvania, interned at Cornell University Hospital, and completed her ophthalmology residency at the University of Illinois in Chicago.

According to Allan Arlow, business administrator, there is a vacuum of ophthalmologists in southwest Portland.



Martha Younie sells Nate Washington, 12, a book of stamps at the Hillsdale Post Office. (Post photo by Erik Vidstrand)

"Ophthalmologists provide all services that optometrists do but can also treat a broad range of diseases," Arlow said. "There are many nursing homes and assisted living centers in the area with elderly patients in need of ophthalmology care."

Arlow explained that Winchester's practice includes evidence-based guidance on nutrition, exercise, and other lifestyle choices in the support of optimal eye health.

Dr. Winchester offered some tips on eye care, especially for elderly people.

"As we get older," she said, "our eyes can change in many ways. Cataracts

(clouding of the lenses), is a problem most people will eventually develop. This can be routinely and successfully treated with a surgical procedure."

Winchester explained that other problems which can arrive later in life are not so obvious in the early stages.

"That's why it's important to have a thorough eye exam more frequently as people age," she warned. "Glaucoma (high pressure in the eye), like high blood pressure, usually has no immediate symptoms but can cause vision loss if not found and controlled."

"Anyone with diabetes should also have an eye exam at least once a year because it, too, is a leading cause of vision loss."

Dr. Winchester has lived in the Bridlemile neighborhood for 17 years.

**Hillsdale contract post office closes after 25 years**

After years tucked away in a Hillsdale parking lot, the Hillsdale Postal Center has closed. The owner, Angie Hefflinger, is retiring after 25 years. She is prohibited from transferring her ownership title.

It's actually called a mail contract postal unit and many of them are located all across the country. The U.S. Postal Service poster on the door stated that they would not expand any contract stations before July 2017 due to national labor arbitration.

Postal clerk Martha Younie interacted with customers as they shared personal gossip with each other. News of 'Aunt Margaret' and how someone's son was doing were overheard during this reporter's interview.

Behind the counter is a map with hundreds of pins showing all the places packages have been mailed over the years. It's framed by postcards from customers who have traveled the world and sent their well wishes to the postmistress. Even this reporter saw one of his cards still hanging up from years ago.

A wall-of-fame display showcased over three dozen local authors' books. Who's to know where these artifacts will go?

"There will never be a place like this again," said regular customer Donica Washington. "I opened my mailbox here in 1993." Washington comes all the way from Tigard.

"We're all going to mourn the loss of community here after we close," Younie sighed as she repackaged a gift for a customer. "It's a big loss."

Angie Hefflinger was not available for comment.

The next closest post office is at the U.S. Postal Service, Multnomah branch located at 7805 SW 45th Ave.

(Continued on Page 5)

**NW Natural**  
**APPLIANCE CENTER**  
Up to \$1300 in Rebate and Tax incentives!  
**KOZY HEAT FIREPLACES**  
503-220-2362  
nwnaturalappliances.com  
2610 SE 8th Ave, Portland, OR 97202

**MARIJUANA PARADISE**  
9663 SW Barbur Blvd  
Portland, OR 97219  
(503) 206-7462  
www.paradisepdx.com  
Our knowledgeable and helpful staff will assist you with both medicinal and recreational products.  
**10% OFF Entire Order**  
(Expires 9/30/16)

**West Hills DENTAL CENTER**  
503•291•0000  
www.fearfreedental.com  
Sedation ♦ Family Dentistry ♦ Implants



Ophthalmologist Dr. Karen Winchester opened Eye Care Northwest recently. She treats people with traumatic eye problems and offers routine eye wellness exams. (Photo courtesy of Allan Arlow)

When your pet needs surgery...  
**You want expert\* care!**

**OREV**  
SPECIALTY VET CARE  
Comprehensive | Compassionate | Uncompromising  
Specialty care within your reach

Orthopedic ✓ Minimally-invasive ✓ Oncological ✓ GI  
Abdominal ✓ Thoracic ✓ Reconstructive ✓ Trauma and more

7637 SW 33rd Avenue (in the heart of Multnomah Village)  
**www.orev.vet 503.477.7122**

Schedule an appointment directly or by referral from your vet.  
\* Advanced care by board-certified vet surgeon.

**Special friends. Specialty care. Specialist vet – OREV**



**Pokémon Go gamers** congregate in Multnomah Village searching for characters to capture. (Post photo by Erik Vidstrand)

**Pokémon Go brings business and problems to Multnomah Village**

If you've noticed more people hanging out on the streets in Multnomah Village lately, it's because of the new phenomenon called Pokémon Go. Created by a San Francisco software company, Niantic, Pokémon Go was released on July 6, 2016.

Although it does get gamers outside walking instead of sitting in front of screens for hours on end, adults, teenagers, and tweens alike use their phones to hunt for virtual characters with names like Squirtie, Weedle, and Jigglypuff.

They can show up anywhere and many have been found near certain businesses in Multnomah Village. Business has been so brisk at some locations that trashcans are overflowing and cigarette butts litter the sidewalk.

Pokémon Go has become a worldwide phenomenon attracting over 21 million active users, attracting more users than Twitter. Accidents, cyber safety issues, and trespassing have occurred to players everywhere it's played. Local leaders urge awareness of potential problems that can take place.

According to the Multnomah Village Business Association, trash has been a sore point and business owners have been instructed to pay more attention to the overflow.

"At the July meeting we had a rather humorous discussion about all the extra people in the village playing Pokémon Go," said Randy Bonella, MVBA executive director. "We discussed how to encourage them to pick up after themselves."

One business owner, who wanted to remain anonymous, didn't find it so

(Continued on Page 6)

**COMMUNITY LIFE**

By KC Cowan  
The Southwest Portland Post

**2 Mixed Media:** "Connections," an exhibit of mixed media paintings and collage by Barbara Rawls and Dale Rawls, will be on view at the Multnomah Arts Center gallery (7688 SW Capitol Hwy) beginning September 2. The artwork consists of mixed media on wood panel or paper with acrylic, plaster, collage, ink, gouache, and graphite. An opening reception will be held in the gallery Friday, Sept. 2, 7 to 9 p.m. The artists will give a gallery talk on Saturday, Sept. 24 at 11 a.m. The two-person show is up through October 4.

**5 Big Truck Day:** Come to the Mittleman Jewish Community Center (6651 SW Capitol Hwy) parking lot to meet and listen to the drivers talk about their vehicles up close and personal! Police car, fire truck, antique cars, and more! Monday, Sept. 5 from 10 a.m. to 1 p.m. Free and open to all! Vegetarian food trucks will be available for your lunch.

**10 Walk to Lake Oswego:** This month's seven-mile SW Trails walk heads to Lake Oswego through Marshall Park and Tryon Creek Park. From the Lake Oswego Safeway you will take TriMet back to Wilson High School, so no dogs allowed. Bring a bus ticket. Meet behind the bleachers, near the food carts, at Wilson High School, Sunset Boulevard and Capitol Highway, and be ready to go by 9 a.m. on Saturday, Sept. 10. For more information, or to volunteer to lead a walk in your neighborhood, contact Virginia at [vehendric@comcast.net](mailto:vehendric@comcast.net).

**14 Let's Get Physical:** No matter your age, you can make lifestyle changes to maintain or even improve your physical and brain health. This workshop covers four areas of lifestyle habits: cognitive activity, physical health and exercise, diet and nutrition, and social engagement. Register online, in the library or by calling 503-988-5234. At the Hillsdale Library, 1525 SW Sunset Blvd. Wednesday, Sept. 14, 6:30 to 7:30 p.m.

**15 Future Shock:** What should the Portland Community College Sylvania campus look like in the next 25 years? Come to a community meeting with experts in land use, campus planning, transportation and architecture

to discuss future campus amenities, transportation, sustainability, green spaces and more. Thursday, Sept. 15 from 8 a.m. to noon and Friday, Sept. 16 from 11 a.m. to 2 p.m., in the Tree Rooms. Lunch will be served on Friday. For more information, please contact Celina Baguiaio at 971-722-4339 or [celina.baguiaio@pcc.edu](mailto:celina.baguiaio@pcc.edu).



**REVOLUTIONARIES:** Mark Pierce as Benjamin Franklin, Adam Elliott Davis as Thomas Jefferson, and Darius Pierce as John Adams in the Tony award-winning musical "1776." Performances are September 9 through October 16 at Lakewood Theatre Company in Lake Oswego. (Photo by Triumph Photography)

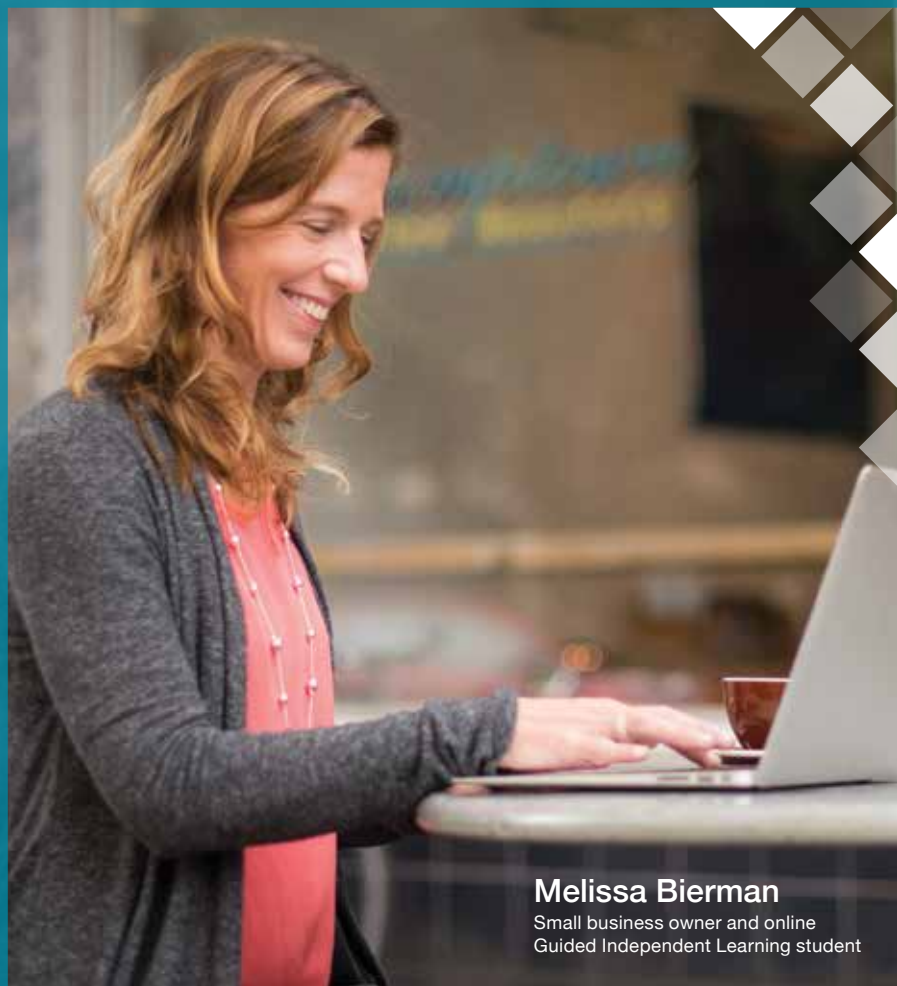
**16 Foreign Film Night:** Join fellow film buffs to watch "Sea Fog" from South Korea. It tells the story of Kang, a long time captain of the Junjin, who learns his ship has been sold by its owner, leaving Kang's entire crew in danger of losing their livelihood. At the Garden Home Community Store, 7306 SW Oleson Rd., Friday, Sept. 16 at 7:30 p.m. Free.

**17 Lucha Libre Masks:** *Lucha Libre* (Wrestler) is one of the most prominent Mexican postmodern cultural icons. *Lucha Libre* wrestlers ("luchadores") traditionally design their masks based on animals, fictional characters and public personalities. Make your own! Saturday, Sept. 17 at 2 p.m. at the Capitol Hill Library,

10723 SW Capitol Hwy. Free tickets available 30 minutes in advance. Call 503-988-5385 for more information.

**18 Lead Poisoning Prevention:** With all the news of lead in our schools' drinking water, this workshop is timely! You'll get the tools and resources to locate lead sources within your home and occupation, stabilize or eliminate hazardous conditions, and find additional agencies and organizations in the Portland metro area for more help. Free booklet and kit of lead-safe cleaning and testing materials. Registration required; register online, in the library or by calling 503-988-5234. Sunday, Sept. 18, 2:30 to 4 p.m. at the Capitol Hill Library, 10723 SW Capitol Hwy.

**PCC Community Ed**



**Melissa Bierman**  
Small business owner and online Guided Independent Learning student

Improve your skills  
**anywhere, anytime**  
on campus, in your neighborhood, and online

[pcc.edu/communityed](http://pcc.edu/communityed)



**DRIVING OPPORTUNITIES WITH GREYHOUND**

**LET'S PUT THE WHEELS IN MOTION**

**Now Hiring Motorcoach Operators in Portland**

Steer your driving talent, commitment to safety and customer service focus to a company where your efforts get the most mileage: Greyhound. We're going places, and so should you.

- Greyhound proudly offers:
- Free travel passes
  - Competitive Pay and Paid Training

- Comprehensive benefits including 401(k)

COME DRIVE WITH US. Apply on-line at: [apply.firstgroupcareers.com](http://apply.firstgroupcareers.com)



A Division of FirstGroup America • Equal Opportunity Employer

# Community invited to Sept. 22 open house on the future light rail project

## SOUTHWEST CORRIDOR PLAN

By Erik Vidstrand  
The Southwest Portland Post

Beginning this fall, the Southwest Corridor Plan enters its next phase: the Southwest Light Rail Project. According to project planners, a federally required environmental review process is going to last until the end of 2017. At that time, a draft environmental impact statement (DEIS) will be published with a public comment period in early 2018.

"This detailed study," said Noelle Dobson, Metro senior public affairs specialist, "is going to look at both the positive and negative impacts of the built and natural environments. The DEIS will recommend strategies for minimizing or avoiding adverse impacts."

The community is invited to learn about this phase at an open house on Thursday, Sept. 22 at the Wilson High School cafeteria from 6 to 8 p.m.

"A public scoping period has already begun," Dobson explained. "Project staff have been at local farmers markets gathering information and will continue to do so throughout September."

According to Dobson, this is the opportunity for the public and government agencies to provide input on what to study.

A packet will be released that describes the project's background, including its purpose and need. This will include the light rail plan, bicycle and pedestrian routes, and road projects.

Information will also be gathered on air and water quality, traffic and property impacts, ridership projections, and station locations.

"Decisions about final alignment



A MAX light rail train stops at Portland State University in downtown Portland. (Photo by Steve Morgan, Creative Commons license)

choices or station locations will not be made, however, until the DEIS is completed," Dobson remarked.

Dobson said that the decision about whether to run the light rail alignment on Barbur Boulevard or on Naito Parkway south of downtown will not be made at this time.

Alignment options removed during the earlier refinement phase included three potential underground transit tunnels to Marquam Hill, Hillsdale town center, and Portland Community College's Sylvania campus.

While the DEIS is undertaken, the Metro project team will continue seeking funding opportunities for other projects like connective roadways, active transportation, parks, trails, and nature.

Metro partners will continue to work on strategies to implement the comprehensive set of goals and strategies outlined in the 2013 Southwest Corridor Plan Shared Investment Strategy. The next steering committee is not scheduled until November.

"When the DEIS technical analysis is

completed at the end of 2017," Dobson assured, "the public will have multiple opportunities to provide additional feedback and recommendations."

To learn more, visit the project website at [www.swcorridorplan.org](http://www.swcorridorplan.org).

### Pokemon Go

(Continued from Page 4)

humorous. She showed this reporter cigarette butts wedged in cracks between her wooden siding and bench potentially causing a devastating fire.

"These players also tapped into my electrical outlet. I'm annoyed at having to turn off my circuit breaker at night because my electric bill is higher."

Another business owner had the same problem and worries that there are no lights on in her business at night for crime deterrence.

"It's hard to say how long this fad will last," she said. "All I ask is that you respect our property and clean up after yourselves."

For more information on cyber security associated with Pokémon Go, visit [www.staysafeonline.org](http://www.staysafeonline.org).

## Don't forget to reserve advertising space



### in The Post's annual "Halloween in the Village" special section in October.

You can find a complete media kit including current rates on our website, [www.SWPortlandPost.com](http://www.SWPortlandPost.com). Call Don at

503-244-6933 or email [ads@multnomahpost.com](mailto:ads@multnomahpost.com) by Tuesday, September 20 to reserve your space. **Mention this offer and save 20 percent off the open rate. Includes ad space, design, and color.**



## POST A-Z BUSINESS CARD DIRECTORY 503-244-6933

*Antoinette*  
Antique and Estate Jewelry

Antoinette Sweet  
GIA GRADUATE GEMOLOGIST  
503-348-0411

7642 SW CAPITOL HWY  
[WWW.ANTOINETTEJEWELRY.COM](http://WWW.ANTOINETTEJEWELRY.COM)

CZ BECKER COMPANY  
**WOOD FLOORS**  
*A Family Owned Business Since 1982*

- Restoration Repairs & Refinishing
- State of the Art Dust Containment
- Installation of New Wood Floors
- Environmentally Friendly Finishes

503.282.0623  
[czbecker.com](http://czbecker.com)

CCB #48132

**We Buy Your Used Records!**  
Jazz, Blues, Country, Rock, Novelty, Holiday

**We come to you!**  
Or bring them to our office  
*(by appointment)*

**Call Matt and Susie**  
**(503) 839-7516**

**KEITH DAVIS** *Over 30 years experience*  
**CONSTRUCTION, LLC**

- KITCHEN & BATHROOM REMODEL
- HISTORIC & WHOLE HOUSE RENOVATION
- DECKS, WINDOWS, MAINTENANCE & MORE

503.329.9212 | [kdllc@mac.com](mailto:kdllc@mac.com)  
[keithdavisconstruction.com](http://keithdavisconstruction.com) | CCB#173455

**SELL US YOUR GUITAR**  
**SELL US YOUR GEAR**  
**HUMSTRUMDRUM.COM**

**7645 SW CAPITOL HWY 503-452-8800**

**< HJAM FINANCIAL SERVICES, LLC >**

Hans J Manseth, CFP®  
Certified Financial Planner™

'LIVING & WORKING WITH CLIENTS LOCALLY SINCE 2001'

[hans@hjamfinancial.com](mailto:hans@hjamfinancial.com) • [www.hjamfinancial.com](http://www.hjamfinancial.com)  
825 NE Multnomah Suite 1150 Portland, OR 97232  
503.227.4817 ext. 3033 • 888.769.6532

Hans J Manseth, CFP® is a Registered Representative and Investment Adviser Representative of, and securities and investment advisory services are offered solely through, Equity Services, Inc. (ESI), Member FINRA/SIPC, One National Life Dr., Montpelier, VT 05604 (800) 344-7437. HJAM Financial Services is independent of Equity Services, Inc.

TC83373(0215)1

**DEIRDRE MCDONNELL**  
Fresh Local Real Estate

Deirdre McDonnell | Realtor®  
[dmcdonnell@windermere.com](mailto:dmcdonnell@windermere.com)  
OFFICE: (503) 497-5422  
CELL: (503) 360-8939  
[www.deirdremcdonnell.withwre.com](http://www.deirdremcdonnell.withwre.com)

**Windermere REAL ESTATE**  
Windermere Stellar

**YOUR NEIGHBORHOOD HANDYMAN**  
*20 years in Multnomah Village!*

**"Call Kenny!"**  
Kenneth S. Morse CCB License #195820

**503-939-5452**  
[morseks@aol.com](mailto:morseks@aol.com)  
Excellent SW Portland references

**Muralsby nate.com**  
**503-754-5831**

# Three sports show great potential at Wilson High School this year

By Jack Rubinger  
The Southwest Portland Post

A trio of Wilson High School sports — boys cross country, boys soccer, and girls volleyball — are leading the charge as we begin the fall 2016 season.

While each has its challenges and goals, these three have tremendous potential, according to athletic director Mike Easton. Here's the breakdown:

Wilson girls volleyball coach Peter Fukuchi grew up and played volleyball in Hawaii. He talked about *ohana* — a Hawaiian word which loosely translated means building culture, building family, creating camaraderie, caring, culture and sisterhood.

"This is a brand new team," he said. "We're young and solid and I'm excited about continuing the spirit of *ohana* with this group. Last year, we really gelled and went on to become league champions.

With just four team members returning from last year's squad — Rachel Hunt, Jane Woodward, Saioa Lostra and India Jones — Coach Fukuchi has his work cut out for him.

"Our offense has power, but our defense is something we'll need to really work on this season," he said.

## Boys varsity soccer team has something to prove this season

Varsity boys soccer Coach Frank Mathews (also a Wilson social studies teacher) is very excited about the upcoming soccer season because 19 players are returning from last year's team.

Mathews said he has a great group of seniors who are determined to work their hardest in the pre-season to ensure that they have a successful season and

run in the playoffs.

According to Mathews, the team's mantra this season is that they need to prove it. They are not one of the schools one automatically thinks of at the top of the 6A state standings, but this season they feel they belong in the conversation.

Mathews said they are confident in their abilities, but they need to go out there and play hard and win all those close games against good competition that were lost last season.

Like last season, their schedule is very competitive, said Mathews. There are no easy games and each match is going to be hard fought.

In the pre-season and in the Portland Interscholastic League, they will have to be mentally and physically ready to play each game because the quality of play is so high against each team, said Mathews.

According to Mathews, some players of note to look out for this season include senior Alec Dunkeld, who was the leading scorer last season. Junior Tyson Horn is center midfielder with a knack for the goal; field captain and defender Sam Nathenson is a strong leader.

## Speed, performance and talent drive the boys cross country team

They are the returning PIL champions and have the returning PIL individual champion.

According to Coach Thor Esbensen, the boys cross country team hopes to be in the top five at state. Esbensen said he hopes with some good fortune and hard work that they can be a contending team.

The boys return with Alex Slenning, junior, 8th at last year's state meet and



Wilson High School's boys cross country team trains constantly in all kinds of terrain. (Photo courtesy of Wilson High School)

the number three returner. He had a great track season and broke the school record in the 3000.

Senior Caleb Seely also returns. Seely was PIL runner-up in cross country and broke the school record in the 1500 and 800 in track this past season. According to Esbensen, junior Kian Mitchell had a break-out track season and is a top returner.

Elius Graff will be competing in cross country full time this year after splitting time with soccer last year, said Esbensen. Aidan Manley, senior, also had a break out season in track and will be entering his second season of cross country.

"Alex and Caleb have developed incredibly fast and are tremendously talented athletes. They should be at the top of most races they run this fall," said Esbensen. "We have entered our team in many top meets. We are going to try

and gain experience by going to the state's biggest meets," said Esbensen.

According to Esbensen, one of the biggest team strengths is the community and parent support and involvement. Parent groups are quick to set up camping trips, spaghetti dinners, team sleepovers and weekend trips to out-of-state meets.

Without their support many great team-building activities would not happen, he said. The team and community epitomizes the saying, "It takes a village."

"We have had a strong summer and our team motto's of the building storm and confidence, strength, desire will drive us this season," said Esbensen.

"With our top two athletes and three of our top seven returning from a breakout season last year and a flood of hard-working younger runners coming along, we anticipate great things."

# POST A-Z BUSINESS CARD DIRECTORY 503-244-6933

Tree pruning & preservation  
Tree & stump removals  
Arborist reports & Consulting



**MULTNOMAH Tree Experts, LTD.**

Peter Torres, M.F.  
ISA Certified Arborist (PN-650B)  
CCB #154349  
Multnomah Village

(503) 452-8160  
Peter@MultnomahTree.com  
www.multnomahtree.com



**Family & Cosmetic Dentistry**  
503-246-2564

www.mvdentalcare.com

7717 SW 34th Avenue • Portland, OR 97219  
(Multnomah Village • SW Capitol Highway & 34th Ave.)



9715 SW Barbur Blvd.  
Portland, OR 97219-6097

Phone: (503) 246-3373  
Fax: (503) 246-2767  
Rx Hotline: (503) 246-0861

Open 7 days a week

www.pacificveterinaryhospital.com  
Email: clientcare@pacvh.com

**PRECISION HOME REPAIR & DRYWALL**  
JON A. GOSCH



Phone: 503-643-3517  
E-mail: precision17@frontier.com

Quality work at affordable rates!  
Mention this ad and receive 10% off your next job!  
Licensed • Bonded • Insured • CCB #77073

**ROBERTSON CONSTRUCTION & PAINTING LLC**

- Interior/Exterior
- Commercial/Residential
- Powerwashing
- Wallcovering
- Patina Stained Concrete
- New Construction & Remodels
- Fences & Decks



James Robertson  
PO Box 80897  
Portland, OR 97280  
(503) 516-1223  
(503) 293-6586 (FAX)  
robertsonpainting@gmail.com

CCB# 169852 Insured • Bonded

**SIGNS BY TOMORROW**  
SIGNS & GRAPHICS NATIONWIDE

The IDEA Today ... The SIGN Tomorrow!

- SIGNS
- BANNERS
- GRAPHICS
- MAGNETICS
- LETTERING
- LOGOS & MORE

**503.244.0980**  
9220 SW Barbur Blvd. #111 - Portland - OR - 97219

Cultivating healthy gardens for over 20 years



**Smiling Gardens**

maintenance • design  
consultation • renovation

• SmilingGardens.com • 971-275-4204 •

**SUN DOG CONSTRUCTION .COM**

REMODEL - RESTORE - REPAIR  
Basements, Attics, Conversions  
Kitchens, Bathrooms, Additions  
Interior/Exterior, Moisture, Rot,  
Maintenance/Handyman service  
BIG JOBS, small jobs, Design...



LICENSED  
BONDED/INSURED  
CCB #173347

**503.957.7559** AUTUMN SUN PARDEE  
sundogconstruction@mac.com

**MACKENZIE E. DOUGLAS, D.M.D.**  
Family Dentistry in Multnomah Village



phone 503-244-3712  
fax 503-244-2122  
e-mail office@villagedentalpdx.com  
web www.villagedentalpdx.com

7615 SW Capitol Highway  
Portland, OR 97219

# Multnomah Days festival sizzles in 99 degree heat

(Photo essay by Erik Vidstrand and Don Snedecor)



These hardy gentlemen braved the heat to raise funds for a planned Sons of the American Revolution monument in Beaverton. (Post photo by Don Snedecor)



Violinist Asher Milman, 9, rests in the shade before performing. The temperature reached 99 degrees this year. (Post photo by Erik Vidstrand)



A farmer just drives a tractor in the parade. No advertisements or self-promotion bringing back simpler times. (Post photo by Erik Vidstrand)



These two sousaphone players get ready to perform in the parade with The Beat Goes On marching band. (Post photo by Don Snedecor)



State Rep. Margaret Doherty (left) rubs elbows with Rick Nitti (center) of Neighborhood House before the parade. (Post photo by Don Snedecor)



Multnomah Neighborhood Association members march with signs showing displeasure at recent proposals to rezone the Multnomah Village area. (Post photo by Erik Vidstrand)



Those colorful folks at Healthy Pets Northwest get lined up for the parade. (Post photo by Don Snedecor)



## FAMILY-CENTERED MATERNITY CARE

Happy, healthy babies start with happy, healthy families. At OHSU Family Medicine, our team supports all your family's health needs during this exciting time. From your first pregnancy test, through baby's first steps and beyond, our family is here to help yours flourish.

To learn more, visit [www.ohsu.edu/fmmaternity](http://www.ohsu.edu/fmmaternity)

### Parker Realty, Inc.



**Peterkort**  
**\$489,500**

Impeccable three bedroom, 2.5 bath home. Better than new! Living room with hardwood floors, built-ins and gas fireplace. Gourmet kitchen offers stainless steel

appliances, granite counter tops, maple cabinets. A covered patio is ready for your barbecue. 2,117 square feet includes private media room and includes mounted flat screen HDTV. Large attached double-car garage. Just minutes to the Nike campus.

The inventory of houses for sale in the Portland Metro area remains at historic lows. High demand for homes in our area coupled with low interest rates and lack of homes for sale translates to higher prices! If you are thinking of selling contact us today for a free market analysis.

503-977-1888 • 7830 SW 35th Ave., Portland, OR  
[www.parkerrealtypdx.com](http://www.parkerrealtypdx.com)



**Jeff Parker**  
Your Neighborhood  
Realtor Since 1980

